

JANUARY 2018

Taylor Early Childhood

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Happy New Year!

2

No School

3

No School

4

Mini Cinnis

Toasted Cheese Ssndwich
Creamy Tomato Soup
Assorted Fruit

5

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Green Beans
Assorted Fruit

8

Assorted Cereal w/
Graham Crackers

Spaghetti w/ Meatsauce
Steamed Green Beans
Assorted Fruit

9

Honey Bun

Large Soft Pretzel
String Cheese Stick
Fresh Broccoli Florets
Assorted Fruit

10

Assorted Cereal w/
Graham Crackers

Chicken Patty Sandwich
Pea and Carrot Medly
Assorted Fruit

11

Assorted Large Muffin

Toasted Ravioli w/
Marinara Dipping Sauce
Steamed Broccoli
Assorted Fruit

12

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Fresh Baby Carrots
Assorted Fruit

15

No School

16

Mini French
Toast Sticks

Cheeseburger
Oven Baked Fries
Assorted Fruit

17

Assorted Cereal w/
Graham Crackers

Turkey & Cheese
Sandwich
Fresh Cherry Tomatoes
Assorted Fruit

18

Cinnamon Roll

Pork Roast w/ Gravy
Warm Breadstick
Mashed Potatoes & Gravy
Assorted Fruit

19

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Steamed Carrots
Assorted Fruit

22

Assorted Cereal w/
Graham Crackers

Chicken Alfredo
Seasoned Green Beans
Assorted Fruit

23

Trix Yogurt Cup w/
Graham Crackers

Breakfast for Lunch
Pancakes
Sausage Link
Hashbrown Patty
Assorted Fruit

24

Assorted Cereal w/
Graham Crackers

Hot Ham & Cheese on
Bun
Fresh Broccoli Florets
Assorted Fruit

25

Breakfast Boats

Crispy Popcorn Chicken
Mashed Potatoes & Gravy
Assorted Fruit

26

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Green Beans
Assorted Fruit

29

Assorted Cereal w/
Graham Crackers

BBQ Rib Sandwich
Oven Baked Fries
Assorted Fruit

30

Assorted Fruit Frudel

Hot Dog on Bun
Tater Tots
Assorted Fruit

31

Assorted Cereal w/
Graham Crackers

Cheese Quesadilla
Refried Beans
Assorted Fruit

DID YOU KNOW...

**JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,
WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.
HE LOOKED BACK TO THE LAST YEAR AND FORWARD
TO THE NEW ONE.**

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

**Peanut Butter and Jelly
Sandwich
Blackcat Pack – Yogurt &
Graham Crackers**

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

Jan 1st – 3rd – No School, Winter
Break

Jan 1st – Happy New Year!

Jan 15th – No School, MLK Day

No more worrying about lost
lunch money. Pay your child's
meal account online at
<http://dunklin.revtrak.net>.

Help hint: deposit \$47.50 into
your students account for lunch
this month.

****Every grain item is
whole grain

USDA is an equal opportunity
provider and employer.

JANUARY 2018

Pevely Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Happy New Year!

2
No School

3
No School

4
Assorted Cereal w/
Graham Crackers

Homemade Cheese or
Pepperoni Pizza
Green Peas
Chilled Peaches

5
Mini French Toast

Chicken & Cheese Wrap
Cheddar Goldfish
Crackers
Steamed Broccoli
Chilled Applesauce

8
Breakfast Boat

BBQ Rib Sandwich
Baked Beans
Chilled Peaches

9
Assorted Cereal w/
Graham Crackers

Spaghetti w/ Meatsauce
Garlic Breadstick
Seasoned Green Beans
Chilled Pears

10
Mini Cinnis

Cheeseburger
Oven Baked Fries
Fresh Orange Slices

11
Assorted Cereal w/
Graham Crackers

Domino's Pizza
Golden Corn
Chilled Applesauce

12
Mini Pancakes

Pork Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Fresh Apple

15
No School

16
Assorted Cereal w/
Graham Crackers

Breakfast for Lunch!
Pancakes
Sausage Link
Tater Tots
Cinnamon Baked Apples

17
Assorted Donuts

Cheesy Hamburger Helper
Warm Dinner Roll
Green Peas
Fresh Banana

18
Assorted Cereal w/
Graham Crackers

Assorted Tony's Pizza
Seasoned Carrots
Chilled Pears

19
Mini Cream Cheese
Filled Bagels

Mini Corn Dogs
Animal Crackers
Baked Beans
Fresh Grapes

22
Trix Yogurt Cup w/
Graham Crackers

Hearty Mac & Cheese
Entrée
Warm Breadstick
Green Peas
Chilled Blueberries

23
Assorted Cereal w/
Graham Crackers

Beef Soft Taco
Shredded Lettuce & Salas
Refried Beans
Fresh Orange Slices

24
Breakfast Bites

Chicken Nuggets
Mashed Potatoes & Gravy
Breadstick
Chilled Mixed Fruit
**Birthday Rice
Krispie Treat!**

25
Assorted Cereal w/
Graham Crackers

Domino's Pizza
Seasoned Green Beans
Fresh Banana

26
Mini Waffles

Chicken Patty Sandwich
Oven Baked Fries
Chilled Cinnamon Apple
Sauce

29
Sliced Banana Bread

Hotdog on Bun
Golden Corn
Chilled Strawberries

30
Assorted Cereal w/
Graham Crackers

Cheesy Bosco Sticks
Marinara Dipping Sauce
Seasoned Green Beans
Fresh Apple

31
Breakfast Bosco Egg &
Cheese Stick

Toasted Cheese on Pretzel Bun
Or
Toasted Ham & Cheese
on Pretzel Bun
Baked Beans
Fresh Grapes

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***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

**Peanut Butter and Jelly
Sandwich**

**Blackcat Pack – Yogurt &
Graham Crackers**

**(Tuesday/Thursday), Cheese
Sticks w/ Soft Pretzel
(Monday/ Wednesday/Friday)**

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

Jan 1st – 3rd – No School, Winter
Break

Jan 1st – Happy New Year!

Jan 15th – No School, MLK Day

Jan 24th – Birthday Celebrations

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lunch money. Pay your child's
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****Every grain item is whole
grain

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JANUARY 2018

Senn Thomas Middle & Herculanum High Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Happy New Year!

2

No School

3

No School

4

Mini Breakfast Bites
Or
Mini Cinnis
Assorted 100% Fruit Juice
Assorted Fruit

5

Breakfast Taco
Or
Jumbo Waffle
Assorted 100% Fruit Juice
Assorted Fruit

8

Sausage Egg & Cheese
Bagel
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

9

Sausage & Cheese Biscuit
Or
Assorted Iced Long Johns
Assorted 100% Fruit Juice
Assorted Fruit

10

Biscuits & Gravy
Or
Mini Filled Bagels
Assorted 100% Fruit Juice
Assorted Fruit

11

Iced Donut Ring
Or
Breakfast Pizza
Assorted 100% Fruit Juice
Assorted Fruit

12

Dutch Waffle w/
Sausage Link
Or
Assorted Bagels w/ Cream
Cheese
Assorted 100% Fruit Juice
Assorted Fruit

15

No School

16

Maple Pancake Sausage
on a Stick
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

17

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs
& Biscuit
Assorted 100% Fruit
Juice
Assorted Fruit

18

Egg & Cheese Biscuit
Or
Warm Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

19

Biscuits & Sausage Gravy
Or
Mini Cream Cheese Filled
Bagels
Assorted 100% Fruit
Juice
Assorted Fruit

22

Breakfast Pizza
Or
Pancakes
Assorted 100% Fruit
Juice Assorted Fruit

23

Mini Breakfast Bites
Or
Mini Cinnis
Assorted 100% Fruit
Juice
Assorted Fruit

24

Sausage & Cheese
English Muffin
Or
Jumbo Waffles
Assorted 100%
Fruit Juice
Assorted Fruit

25

Donut Holes
Or
Breakfast Boats
Assorted 100% Fruit
Juice Assorted Fruit

26

Dutch Waffle w/
Sausage Link
Or
Assorted Bagels w/
Cream Cheese
Assorted 100% Fruit
Juice
Assorted Fruit

29

Egg & Cheese
English Muffin
Or
Pancakes
Assorted 100%
Fruit Juice
Assorted Fruit

30

Sausage & Cheese
Biscuit
Or
Warm Baked Cinnamon
Roll
Assorted 100% Fruit
Juice
Assorted Fruit

31

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs
w/ Toast
Assorted 100% Fruit
Juice Assorted Fruit

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***Menu is subject to change!

Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

Meal Prices

Student Breakfast \$0.00

Student Lunch \$2.60

Adult Breakfast \$2.05

Adult Lunch \$3.25

School News

Jan 1st – 3rd – No School, Winter Break

Jan 1st – Happy New Year!

Jan 15th – No School, MLK Day

No more worrying about lost lunch money. Pay your child's meal account online at

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Help hint: deposit \$49.40 into your students account for lunch this month.

*****Every grain item is whole grain

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JANUARY 2018

Senn Thomas Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year!	2 No School	3 No School	4 Toasted Cheese Sandwich Creamy Tomato Soup Seasoned Carrots Assorted Fruit	5 Spaghetti w/ Meatsauce Breadstick Steamed Broccoli Assorted Fruit
8 Dominos Pizza (Sausage, Cheese, or Pepperoni) Seasoned Green Beans Assorted Fruit	9 Orange Chicken Fried Rice Steamed Broccoli Assorted Fruit	10 Baked Potato Bar (Cheese, Diced Ham, Steamed Broccoli) Large Soft Pretzel Assorted Fruit	11 Nachos w/ Queso Shredded Lettuce & Diced Tomatoes Salsa Refried Beans Assorted Fruit	12 Toasted Ravioli w/ Marinara Dipping Sauce Rotini Marinara Steamed Broccoli Assorted Fruit
15 No School	16 Dominos Pizza (Sausage, Cheese, or Pepperoni) Steamed Broccoli Assorted Fruit	17 Oven Baked Chicken Warm Dinner Roll Baked Beans Assorted Fruit	18 Pork Roast w/ Gravy Warm Dinner Roll Mashed Potatoes & Gravy Assorted Fruit	19 Shredded BBQ Pork Sliders Oven Baked Fries Assorted Fruit
22 Dominos Pizza (Sausage, Cheese, or Pepperoni) Seasoned Carrots Assorted Fruit	23 Crispy Popcorn Chicken Warm Dinner Roll Mashed Potatoes & Gravy Assorted Fruit	24 Chicken Alfredo Dinner Roll Seasoned Green Beans Assorted Fruit	25 Breaded Pork Chops Warm Bread Stick Baked Beans Au Gratin Potatoes Assorted Fruit	26 Breakfast for Lunch Pancakes Sausage Link Hashbrown Patty Assorted Fruit
29 Dominos Pizza (Sausage, Cheese, or Pepperoni) Green Peas Assorted Fruit	30 Chicken Fajita Sauteed Peppers & Onions Warm Tortilla Refried Beans Assorted Fruit	31 BBQ Rib Sandwich Oven Baked Fries Assorted Fruit	DID YOU KNOW... JANUARY IS NAMED AFTER THE ROMAN GOD JANUS, WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS. HE LOOKED BACK TO THE LAST YEAR AND FORWARD TO THE NEW ONE.	

***Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

Jan 1st – 3rd – No School, Winter Break

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Jan 15th – No School, MLK Day

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JANUARY 2018

Herculaneum High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Happy New Year!

2
No School

3
No School

4
Toasted Cheese Sandwich
Creamy Tomato Soup
Seasoned Carrots
Assorted Fruit

5
Dominos Pizza
(Sausage, Cheese, or Pepperoni)
Seasoned Green Beans
Assorted Fruit

8
Spaghetti w/ Meatsauce
Breadstick
Steamed Broccoli
Assorted Fruit

9
Baked Potato Bar
(Cheese, Diced Ham, Steamed Broccoli)
Large Soft Pretzel
Assorted Fruit

10
Orange Chicken
Fried Rice
Pea and Carrot Medley
Assorted Fruit

11
Toasted Ravioli w/
Marinara Dipping Sauce
Rotini Marinara
Steamed Broccoli
Assorted Fruit

12
Nachos w/ Queso
Shredded Lettuce & Diced Tomatoes
Salsa
Refried Beans
Assorted Fruit

Dominos Still Available

15
No School

16
Shredded BBQ Pork Sliders
Oven Baked Fries
Assorted Fruit

17
Oven Baked Chicken
Warm Dinner Roll
Baked Beans
Assorted Fruit

18
Pork Roast w/ Gravy
Warm Bread Stick
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

19
Dominos Pizza
(Sausage, Cheese, or Pepperoni)
Steamed Carrots
Assorted Fruit

22
Chicken Alfredo
Dinner Roll
Seasoned Green Beans
Assorted Fruit

23
Breakfast for Lunch
Pancakes
Sausage Link
Hashbrown Patty
Assorted Fruit

24
Breaded Pork Chops
Warm Bread Stick
Baked Beans
Au Gratin Potatoes
Assorted Fruit

25
Crispy Popcorn Chicken
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

26
Chicken Chili Cheese
Crispitos
Nacho Cheese Sauce
Seasoned Green Beans
Assorted Fruit

Dominos Still Available

29
BBQ Rib Sandwich
Oven Baked Fries
Assorted Fruit

30
Chili Cheese Dog
Or
Hot Dog on Bun
Tater Tots
Assorted Fruit

31
Chicken Fajita
Sauteed Peppers & Onions
Warm Tortilla
Refried Beans
Assorted Fruit

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***Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

Jan 1st – 3rd – No School, Winter Break

Jan 1st – Happy New Year!

Jan 15th – No School, MLK Day

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